

# Love isn't all you need!

## The Beatles were wrong.

You need much more than love to keep a relationship going

The Seven Principles Program for couples is a workshop based on the internationally acclaimed research of Dr. John Gottman.

### *Is this workshop for us?*

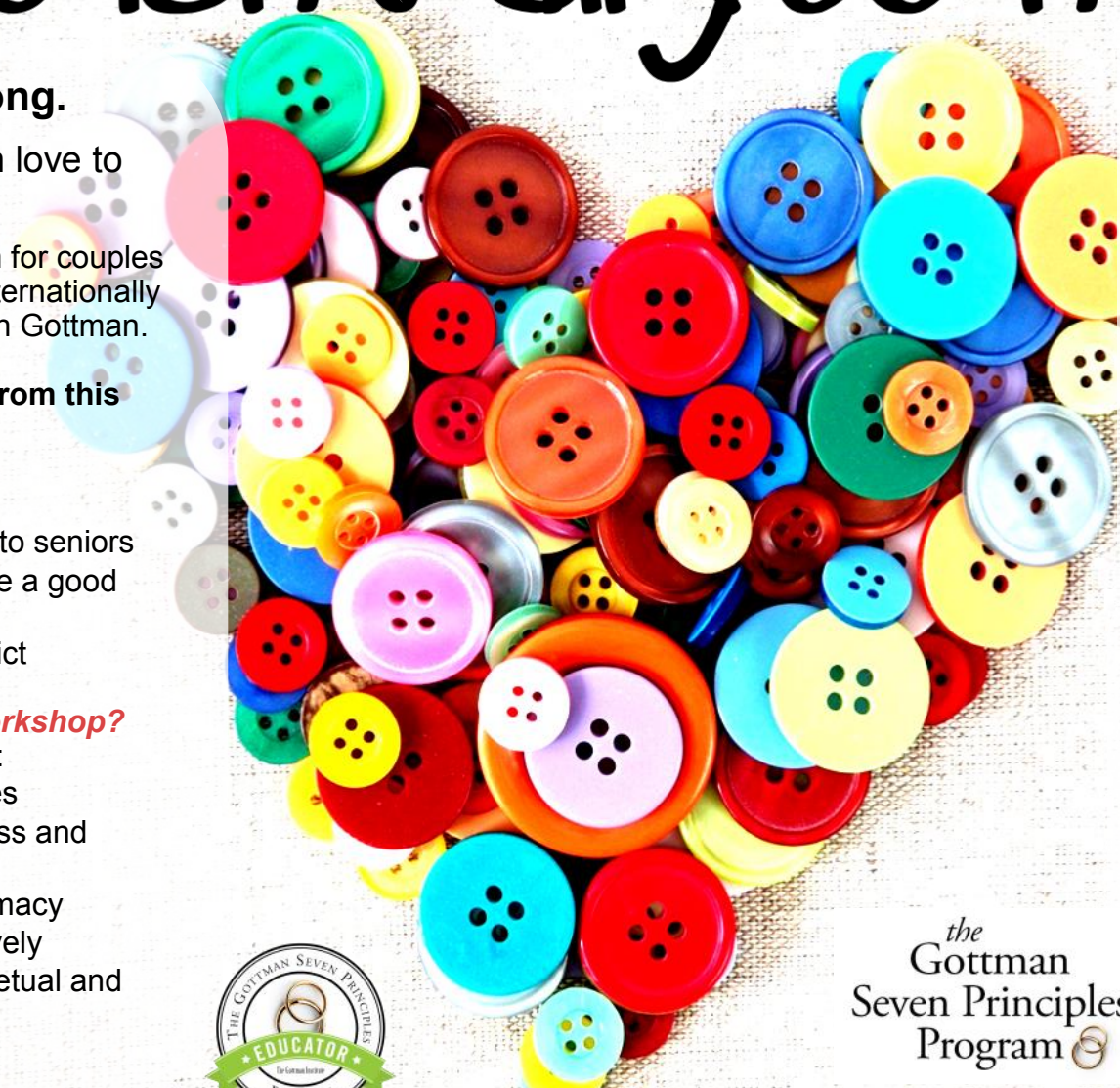
**Couples that would benefit from this workshop:**

- Pre-Engaged
- Pre-Marital
- Everyone from newlyweds to seniors
- Those who wish to enhance a good marriage
- Those needing better conflict management tools

### *What will we learn in this workshop?*

**What the workshop is about:**

- Proven tools to help couples
- Improve friendship, fondness and admiration
- Enhance romance and intimacy
- Manage conflict constructively
- Gain skills to address perpetual and solvable problems



- Create shared meaning
- Maintain gains throughout a lifetime - Format includes lectures and private couple exercises

**What the workshop is not:**

- It is not therapy
- It is not an open sharing of personal problems. All exercises and discussions will occur privately between you and your significant other.

*\* This course is subject to numbers. Registrations essential.*

**COST per Couple:** \$100 waged or \$70 unwaged

**Call Pedro for more information and course dates on**

**6738 7200**

*the*  
Gottman  
Seven Principles  
Program

