

# FREE

help for  
separated  
parents

Building Connections is a program to help separated parents have healthy and strong relationships with their children.

This program covers:

- The impact of separation and conflict on children
- Ways of communicating with the other parent
- Setting goals for future parenting
- Support services available to you

**WHEN:** various times throughout the year

**WHERE:** various locations

For more information or to book into the next program near you, please call

**1800 372 826**