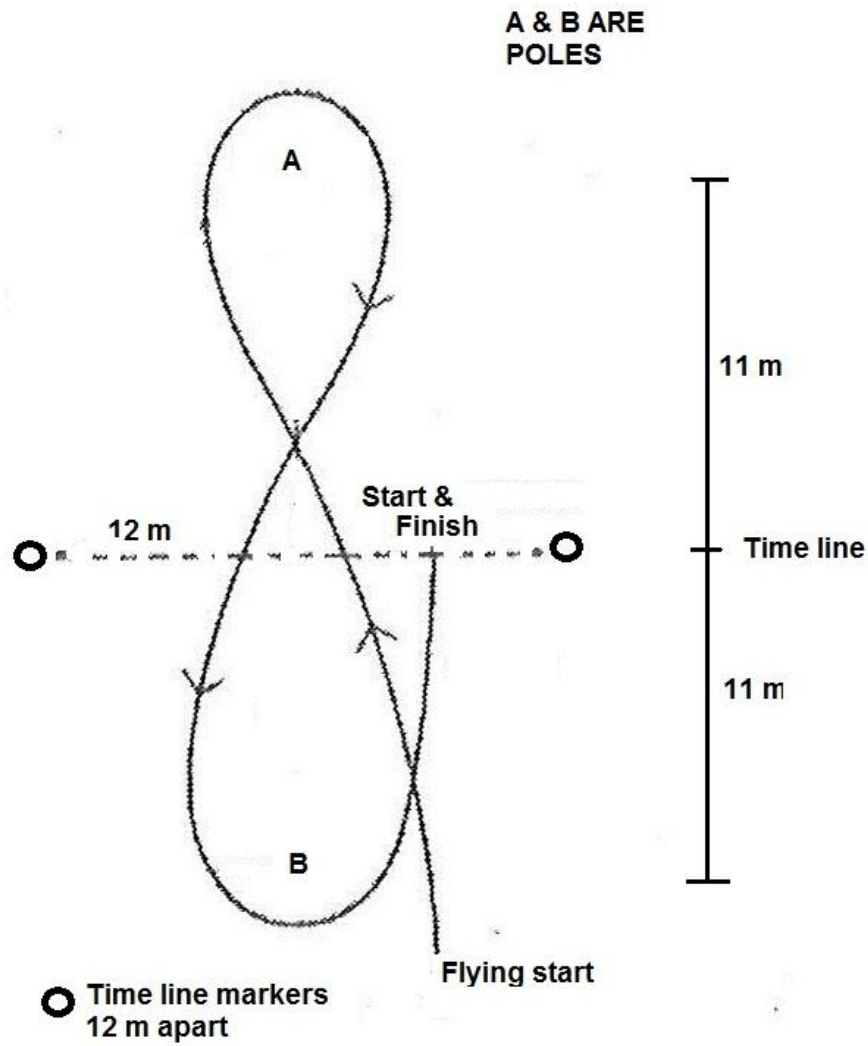


SPORTING Figure of Eight



Start by crossing the centre line between the upright markers, turn around the second pole, cross over the centre line again between the markers, then around the first pole and run back across the finish line.