

**FREE**

# Practical Parenting

- Are you tired of **repeating** everything 4 times to get your children to **listen**?
- Do you give into your children to stop the **whining**?
- Do you ever feel **guilty** or **embarrassed** because your children **won't behave**?
- When you **punish** your children do you feel punished yourself?



**Yes?**

Come to the  
**Parenting Now**  
course

**WHEN:** Various

**TIME:** Various

**WHERE:** Various

*Registrations are essential.*

*This course is subject to numbers.*

For more information or  
to register, contact the  
Family Relationship  
Centre through  
Centacare NENW

**1800 372 826**

