

FREE

Toolkit for Dads

A 7-session parenting group for men

Fatherhood
– the best
job on the
planet!

Join us to learn about:

- building a partnership
- child development
- family communication
- active listening
- building understanding
- helping children behave
- sensible discipline
- self-care for fathers

For more info and
course dates please
call us on

6738 7200

or

1800 372 826

Centacare NENW acknowledges the
traditional custodians of this land and pays
respect to the elders past and present.



An Australian Government Initiative



Centacare
New England North West
Rural Resilience

THE SOCIAL SERVICES AGENCY OF THE CATHOLIC DIOCESE OF ARMIDALE