

Coles donates surplus food to those in need

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TAMWORTH people in dire need are getting a helping hand through a local Second Bite program.



DAILY BREAD: Youth Refuge case managers Angela Nikolowski and Dan Wilson receive a load of bread from Coles Tamworth store manager Lachlan Stewart to feed the homeless.

Tamworth Family Support Services (TFSS) have joined forces with Coles Tamworth to ensure our most vulnerable community members do not go hungry.

More than 1500 kilograms of food has been donated by Coles to TFSS, equivalent to more than 3100 nutritious meals. Store manager Lachlan Stewart said he was pleased extra, healthy food could have a second life and help those in need.

“Normally due to our high standards, quality food would be wasted, but now we can give something back to the community,” Mr Stewart said.

TFSS business development manager Leigh Smith said the food was an “amazing assistance” that allowed them to help locals at the youth refuge, the women’s refuge and family support service to reach their goals.

The Second Bite program redistributes surplus fresh food to support people who are homeless, women and families in crisis, youth at risk, Indigenous communities and asylum seekers.